

The Executive Retreat – Shanghai

RECHARGE YOUR LEADERSHIP ENERGY. EXPAND YOUR IMPACT.

An exclusive weekend for senior executives.

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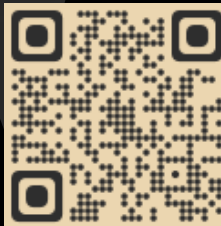
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Why this Program?

If you are leading in fast-changing environments and want to stay impactful, this is for you.

Today's leaders face continuous turbulence, pressure, and uncertainty. The ability to stay energetic, clear-headed, and effective under pressure has become a decisive success factor.

Join an exclusive group of peers in a collective learning experience to:

- exchange with like-minded executives
- reflect on real cases
- grow through shared insights and practices

Alongside this exchange, energising outdoor activities, and powerful tools – including the Leadership Stability Matrix (a method to unlock clarity, energy, and impact

under pressure), self-assessments, and the Stability Framework – enable you to:

- gain clarity on your leadership patterns & energy level
- recognise and shift limiting stress patterns
- establish sustainable routines that boost performance

This program combines focused input, structured reflection, and inspiring practices.

The result: more energy, more clarity, and a resilient strength that directly enhances your leadership impact, your team's performance, and organisational results in uncertain times.

Target group

Join this long weekend retreat in a small, exclusive group of up to 5 general managers:

- CEOs
- General Managers
- Managing Directors
- Executives with business responsibility

Tap into your best self with clarity, balance, and strength in turbulent times.

You will return with

- New routines to sustain your energy and performance
- A clear picture of your leadership patterns and development areas
- Practical tools for staying effective under pressure
- Deeper self-awareness and stronger presence as a leader
- A trusted peer network for reflection and support



Methodology

This retreat blends guided reflection, peer dialogue, and practical tools with a focus on energy, impact, and clarity. Participants explore personal leadership patterns through the Leadership Stability Matrix, supported by movement and the surrounding environment to open new perspectives.

The facilitator combines empathy, structure, and 30+ years of global leadership experience. A balanced mix of input, reflection, and exchange ensures participants leave with fresh insights and the confidence to apply them directly in practice.

*Discuss with likeminded peers,
boost your energy and
leadership impact.*

Content and Objectives

The main themes are:

- Leadership in uncertain times
- The Leadership Stability Matrix
- Personal energy – routines for sustainable performance
- Navigating pressure – recognising automatic patterns
- The Stability Framework – practical tools for everyday use
- Designing your personal leadership roadmap



Agenda Topics & Goals

Thursday Afternoon

Arrival & Kick-Off

- Lake walk: Arrival & intentions
- Leadership Wellbeing Quick Check
- Evening dialogue: Practices for balance & resilience
- Networking & informal exchange

Friday

Leadership Patterns & Stability

Morning – What drives me?

- Optional outdoor energiser
- Self-assessment: Leadership Drivers
- Walk & Talk in nature: Success & recognition
- Input: Leadership patterns under stress
- Dialogue: Conscious leadership

Afternoon – Building stability

- Confidence in Leadership – Saying No with Clarity
- Peer coaching on real cases
- The Leadership Stability Matrix for mapping stability vs. awareness of leadership patterns – self-assessment & focus areas
- Nature walk: shared insights & best practices
- Evening: Informal lakeside get-together

Saturday

Energy & Leadership in Turbulence

Morning – Strengthening my energy

- Recharge Zones exercise – my energy sources
- Sharing walks: energising leadership experiences
- Stability Framework in Action – practical methods for inner balance & clarity
- Peer exchange on routines in practice

Afternoon – Leading in turbulence

- Input: Defensive leadership patterns
- Self-check & “5 steps to catch myself”
- Critical incident analysis & peer case clinics
- Evening: Relaxed dinner & social activity in nature

Sunday Morning

Integration & Outlook

- Morning reflection: From insights to practice
- Personal Leadership Energy Roadmap
- Peer feedback
- Closing circle & departure

*Recharge, gain and expand your impact.
Access your full energy to inspire and perform at the next level.*

The Program Facilitator and Coach

Dr Gerald Renger

Dr.-Ing. Gerald Renger brings 30 years of experience as coach, consultant, and trainer in international change and leadership across Asia, Europe, and the US. His clients include global companies such as Daimler, VW, BMW, Porsche, Lufthansa, Rolls-Royce, Infineon and many more. As executive coach he co-designed and facilitated the General Manager Program of the Vienna Hernstein Management Institute, one of Europe's leading executive education providers alongside the Management School St. Gallen. Since 2014 he has been Executive Coach and Managing Director of deloop.asia.

Gerald lives what he teaches and combines different worlds:

- PhD engineer and certified coach working with senior executives worldwide
- passionate songwriter and street musician performing internationally
- avid cyclist with more than 100,000 km on the road

His unique journey, grounded in both research and practice, makes him a trusted guide for senior leaders seeking energy, clarity, and high impact.





What participants say about Gerald's leadership programs

"... is a unique Executive Coach with extremely extensive experience as a coach and trainer in Germany, the USA and Asia. I have worked with him very successfully and often and can highly recommend his programs."
Georg Remmers, Global Head of People & Organizational Development, Heraeus, Germany

"... is one of the most influential and inspiring people I've met. His leadership coaching style is unique and precious. A powerful coach and trainer for executives."
Marc-Tran Heller, Managing Director, GM, Zeller+Gmelin Co.Ltd, Suzhou, China

"... gives sharp to the point feedback combined with a matured sensitivity for people's feeling and level of acceptance. He has the charming competence to keep coachees open in their minds which is key for working across cultures."
Joy Zhou Yue, General Manager, VW Financial Services Beijing, China

"... is a humoristic, easygoing coach with an accurate and deep understanding of each trainees personal needs."
Simon Noome, Managing Director, John Bean Technologies South Africa

Contact & Pricing

deloop management consulting Ltd. (Shanghai, Hong Kong)
Dr Gerald Renger

Email: renger@deloop.asia
Mobile: +86 156 18855400

Timing and Dates:

- Next retreat: Q4 2025

Location & Conference Venue:

- retreat venue near Shanghai (hotel with nature access)

Fee:

- 5.400€ or RMB 45.000 per person, including conference package
- Early Bird Fee: 4.900€ or RMB 40.500



The Company

deloop management consulting was founded in 2000 in Germany by engineers and change agents from an automotive OEM as a leadership consulting & training company. Cofounder Gerald Renger has been living in China since 2014 where he founded deloop management consulting Ltd., Asia.

deloop helps companies achieve their full potential in change, strategy and project work by combining process and people skill development. We offer Coaching, Training, and Consulting:

- Executive Coaching, Team Coaching
- Change Management
- Strategy Development
- Cross-cultural Cooperation
- Leadership Development Programs

Executive Development Programs include:
Hernstein General Management Program in Vienna,
Corporate Entrepreneurship in China CEIC,
OSB international development programs in APAC

Our clients include companies as DAIMLER AG, HEIDELBERGER Druck AG, ATLAS Elektronik, Lufthansa, Gallus, HERAEUS Holding GmbH, BMW China, VW China, Evonic Asia, PORSCHE AG, ASAM MunichDetroit, Dr. Schaette AG, DÜRR AG, HERAEUS, Hernstein Management Institute Vienna, DEUTSCHE BAHN AG, Raiffeisen Bank, Rolls Royce Power Systems AG, Deutsche Lufthansa AG, HEIDELBERGER Druck, OSB international, SW Asia, RAFI Electronics, infineon, and more.

